

# Jokkorde nafooje Ngam nguurndam malal

الأسباب المفيدة للحياة السعيدة

E Innde Alla jom yurmeende huuβtodinde jom yurmeende heeriinde

## Ngardiindi ballifiido

Yettoode woodanii Alla oon kaandudo e kala yettoode, deweteedo e goonga alaa so wonaa Alla gooto mbo alaa denndo, Muhammadu ko jiyaado makko nelaado makko, yo kisal e jam ngon e mum.

So duum yawtii, fooftere bernde e weltaare mum e iwngol himmeeji e sunuuji; ko duum kala neddo yiilato, ko heen nguurndam mbeldam hebato; weltaare e weytaare ndaño, duum noon hina jogii sababuuji diina, tago e golle, di dentataa so wonaa dow juulbe timmuɓe, ko wonaabe ko hay sinno hebii heen huunde ko sabu tiidnaare jom hakkillaji en nder mum en, ko buri moyɗude e heewde nafoore heen ko yawtiratbe.

Mami janɗo nder deftere am nde ko ciftormi e sababuuji toowdi di kala neddo yiilato.

Hina heen waawbe hebde di, nguuri nguurndam moyɗu-dam mbel-dam, won heen be kebaani nguuri nguurndam cattu-dam mettu-dam. Won heen wuurbe to hakkunde do, nguurdi no newanorii dum en. Ko Geno tan wallinortee e keɓgol jam e diiwɗugol worodde fof.

### Keerol

**Buri mawnude woni iwdi sababuuji di ko goonɗinde e gollude golle moyɗe**

Buri mawnude nder diin sababuuji woni iwdi majji ko goonɗinde - liimanaagal wondude e golle moyɗe, Alla wi'i:

1. ((Kala golludo ko moyɗi immorde gorko maadun suddiido hara ko o gondindo Allah, men wurnaymo ngurndan weludan laabudan, men yobaabe njoddi maɓɓe ndin ko buri moyɗude kobe laatinoo hiɓe gollaynoo ka aduna )) (1) (Nahli/Ñaaki: 97).

Kala denndindo goongdinal e golle moyƴe Geno fodanii mbo nguurndam moyƴam e njobdi moyƴiri Aduna e laakara galle ñiibal de.

Sabu o hina laabi cer: ko goongdinal cellungal rokkata besnoore golle moyƴe moyƴinooje berde e jikkuuji dokkooji weltaare e weytaare, kada sunaare e bidteende wonki nder Aduna e laakara.

Goongdinbe ngaal goongdina, so kebii ko njidi ko weltini njaborto dum yettude e gollirde ko nafata, duum addanaabe weytaare e yidde yo duum heddo, ngam joortaade baraaji yettoobe Alla e gedde godde burde nde besnoore weytaare e weltaare.

So be kebii ko welaani walla ko be njidaa ko way honu sunaare, be njabboroo dum dartaade e hoybinde fotde baawde mabbe, be muña muñal joodngal ngal alaa goordugal, be keba e dartaare he humpitooji mawdi, be keba e muñal ngal baraaji keewdi, mette njaha, weltaare e yelaaji moyƴi lomtoo, wondude e damiraare bural Alla e mbarjaari mum, hono nulaado (j.k.ng) feññiniri nih nder hadiis celludo o wi'i: "kaawise wonande fiyaaku juuldo, fiyaaku makko fof ko jam, so o hebii yaajeende o yetta Alla, duum ko jam makko, so o hebii bitteende o muña duum ne kadi ko jam makko dum ko juulbe tan ndaani dum". (2) (Muslim).

Nelaado anndinii men ganngal e jam e besnooje golle juuldo ko cowatoode, so o hebii jam o yettii Alla, walla o hebii bone o muñirii Alla.

Ko wadi hada yiya yimbe hina ceerta no kebborto jam walla bone, ko burondiral goongdinal e golle mabbe moyƴe.

Ciforiido sifaaji jawtudi o; hebbortoo jam e bone fof ko yettude e muñde, duum addana mbo weltaare e weytaare, e waasde sunaade fidtaandu faada, wuura nguurndam malkiso, joomum hebata ko nguurndam mbeldam nder aduna e laakara fof.

Godfo heba yaajeende bewa jikkuuji mum ooño, jabboroo yaajeende nde hono jawdi nih, wonda e kuuñu e yidneede, dum fof e waade noon bernde mum deeyataa, hakkille mum saroo weema

baɗngeeji keewdi, ngam hulde woto ko hebi ko yahde, sabu yidde fidtaandu alaa to haadi, hina yidi hebde gede godde daaŋa, hina waawi heba hina waawi waasa hebde, hay sinno hebi ko yidi ko hadataa joomum wuurde nder kulol e deŋyaare hono haalɗa dow nih. So tawii joomum hebi ko faadeende njiyataa ko hina huli hina deŋyii wonda e mette, woto **naamno/lamndo** ko joomum hebata e malkiso, miiɗooji ñawdi, yaawa sekde, hula haa burta keerol, wadi noon ko wondaani e daminaare hebde baraaji, walla muñal muññitoowal koybinoowal **bidteende** mum.

Dum fof ko yeewnda dum yiya, so a yettii gootel e dii nooneeji a yeewndiima dum nder ngonkaaji yimbe a yiyat ceerungal mawngal hakkunde juulɗo gollirɗo goongɗinal mum, e mbo wayaano noon, diina hirjinta yimbe ko yondinaare dow arsukeeji Alla, e bure e teddule ceertude ko wadaniibe.

Goongɗindo so ñabbu walla baasal yottiima dum, ko ngandudaa hina waaawi hebde neddo fof, kañum goongɗinal e yondinaare mum, e weleede feccere Allah feccani dum, kaɗat dum deŋyaade, daɓɓirtaa bernde mum ko hattanaani, ndaarata ko gondo les/**ley** mum, ndaarataa gondo dow mum, duum hina waawi rokkude mbo weltaare e foftere bernde haa o bura dokkaado daɓɓale aduna fof tawa alɗa e yondinaare.

Hono tawirtaa mbo golliraani goongɗinal, so jarriboraama baasal walla woodii ko boccitoraa e gede aduna, wondata ko e kaadtudi sunaare e  
malkiso

**Yoɗo hina anndi nguurndam mum celludam nguurndam malal e hubindaare ko ndaɓɓam no feewi**

1. **Yoɗo** hina anndi nguurndam mum nguurndam malal e hubindaare ko daɓɓam, o fotaani beydoraade raɓɓidinde dam suno e wuddidinde, duum yahdaani e nguurndam cellidam, so o wayii noon o dawaa hoore makko,

nguurndam wuddeende e sunaare njiirondira mbo, digguɗo e saaysaay fof poti do, kono goongɗindo ɓuri yedeede siforade nih, e heɓde gedal timmungal jaawngal walla leelngal.

2. Hina haani kadi so wodii ko heɓi mbo ko o aɗi, walla o hulii ma heɓmbo, yo yerondir ɗum e neemaaji diina e aduna ɗi o heɓi, ngaan saanga ma laaɓan mbo ko woni nder mum e neemaji, o annda gaɗaadi keɓɗimbo ɗi no mbay famɗude. Kadi yo o yerondi ko o huli ma heɓ mbo e woroɗde ko e ko o ɗamanii heɓde e jam ko, o waasa woppude miijo bonngo ngoo foola miijo moyɗo ngo, ndeen kulol makko iwat, o hoddira ko ɓuri mawnude ko jogori heɓde mbo, o hodna fidtaandu makko so ɗum wadi, o etoo hadde ko suwaa waɗde ko waɗde, e hoybinde ko wadi ko.

3. Hina jeya e gede nafooje: Anndude ko yimɓe to'ata ɗum ko teenɗi noon koɗngudi bondi, torrataa mbo ko kamɓe torrata, so wonaa so o waɗtii heen hakkille makko o soklarii ɗum, ndeen to'e dee njeɗat co'irde makko, ko ɗuum torrataambo, so o waɗtaani heen kakkille makko hay huunde bonnanta mbo.

4. Anndu nguurndam maa rewi ko e miiɗooji maa, so tawii miiɗoto-ɗaa ko ko waɗan maa nafoore diina e aduna maa, nguurndam maa ko moyɗam, so wonaa noon ko mbeɗi mum.

5. Hina jeya e gede ɓurde wawde riiwde suno: Hodnude e fidtaadu waasde ɗaɓɓude mantoore so wonaa to Alla, so a waɗanii jogiɗo e mah joggande walla mbo alaa fof, anndu ɗuum ko gollondiral hakkunde mah e Alla, woto wonde mantoore mbo mbaɗanda o, hono Alla haaliri ko yowatii e keeriindi tagoore mum nih:

((Andee komeɗi woni ɗamminirde on ko fii baraajidɗin ka Allah, men ɗaɓɓiraa on njoddi wana kadi jarneede)). (14) (Alinsaan/ Nedɗo:9).

Hina ɓura teenɗude e gollondiral mah e yimɓe mah e ɓiɓɓe mah e mbo jokkondiral tiidngal woni hakkunde mon, so a woownii fidtaandu mah riiwandeɓe bone tan a fooftii a fooftanii, hina jeya e ko rokkata

fooftere jaggire moyƴere e golle fawaade e mbelamma fidtaandu, tawa aldaa e deftaare denƴinoore, nduttodaa tawa cooydo tawa a hebaani moyƴere nde, sabu ndewda ko laawol piiltingol, hina jeya e ñeeñal waawde ittude ko heeldi weli nder nguddiri, ko ndee laabgol beydatoo, nguddu natta.

6. Wad gede nafooje yeeso mah gollu ngam siinude, woto yeccito gede torrooje haa coklanirma miijaade sababuuji suno e himme wallitoro fooftaade, rentina fidtaandu mum e golle kimmude.

7. Hina jeya e gede nafooje: Fellitde wada golle potde wadeede jooni, yeewana ko aroyta, so golle potde wadeede jooni mbadaaka pawondirat e godde jawtude, faadnana garooje de adda teddeendi, so golle pellitanaama mbadaama nde poti wadeede nde, garoyooje ma miijane miijo semmbinngo ngolliree no moyƴi.

8. Hina haani cubodaa nde golle nafooje kimmude e burde himmude, tawa fidtaandu mah ko deen wuuranii, poodooje yidde mah, so wonaa noon tan addata ko haabre e nguddu, wallinoro miijo sellungo e diisnaade, diisnatoodo nimsataa, jaŋngu njuurnodaa ko njidfaa wadde ko haa digga laabtan ma, so nafoore hina joggi heen a fellatii, wakkilo/fawodaa e Alla hombo yidi wakkiltoobe/fawotoobe e makko.

Yettoode woodanii Alla jeydo binnde, yo Alla yurme ko'ho'o men Muhammadu e koreeji mum e wondiibe mum o hisnabe.